south shore pediatric dentistry

POST-OPERATIVE INSTRUCTIONS FOR YOUR CHILD

Your child has received general anesthesia in order to successfully and comfortably complete necessary dental treatment. This may be the first time that your child has had general anesthesia. We feel that is important that you follow these instructions:

1. You can expect your child to be confused for a time after he or she awaken. Stay close to comfort, cuddle, and reassure as necessary.

2. You must position your child in the car seat on the way home so that their airway is unobstructed. If you hear your child snoring, pull to the side of the road and reposition your child with their chin lifted up until the snoring stops.

3. Our office will call to schedule your follow-up visit

WHAT TO DO FOR YOUR CHILD'S COMFORT

1. Once home, let your child rest. Make sure you keep a close watch on them and lift their chin if you hear them snoring.

2. Limit your child's physical activities for the remainder of the day. No shopping, school, daycare, etc. No vigorous physical activity or outdoor play.

3. You may give your child Children Tylenol or Motrin as needed for pain or discomfort 4 hours after discharged from the hospital. For instance, if your child got discharged at 12:00PM, you may give a dose at 4PM.

4. Please follow the ABC's of dental sedation

    - Airway: Please routinely check breathing until your child is awake.
    - Balance: Balance is the last reflex to return to normal. Please observe him or her closely and assist child.
    - Call: Telephone us with any questions or concerns. A doctor is available to assist you.
        - **Office number: 781.340.5437 (KIDS)**
        - **Emergency call line: 617.653.5538**

    - Diet: As soon as your child awakens, offer soft foods such as soup and advance as tolerated.
    - Extra: Extra care and attention should be given today. Adult supervision is a must, as are car seats and seat belts for the drive home.
    - Fluids: Fluids should be given as soon as possible and hourly to prevent dehydration.
    - General: Generally, children awake slowly. It's not unusual for some to wake up cranky and disoriented.
    - Hygiene: Oral hygiene, such as brushing and flossing, can resume the next day.

Please give us a call if you have any concern or questions!