south shore pediatric dentistry

A TOOTH HAS BEEN TAKEN OUT, HERE'S WHAT TO DO:

1. Keep the gauze on the extraction site with pressure for 30 to 45 minutes. (Young patients may need help)
2. DO NOT spit, drink from a straw, exercise, eat anything hot for 24-48 hours
3. DO NOT keep checking under the gauze or changing the gauze. This will prolong the bleeding.
4. If the extraction site is still pooling blood after the first 30-45 minutes, then replace with new gauze and maintain pressure for another 30-45 minutes. Repeat a third time if needed.
5. If you cannot stop the bleeding contact the dentist office for help.
6. Maintain fluid intake, but DO NOT use a drinking straw the first 24 hours.
7. Begin with soft foods and soup. Regular foods as tolerated thereafter.
8. DO NOT rinse or brush the teeth the first night after the extractions.
9. DO start brushing and rinsing the next day.
10. Take the children Tylenol as needed for pain.
11. Please contact us if the patient has any problems! 781.340.5437 (KIDS)

***Monitor your child closely for the next1 ½ to 2 hours.**
Younger children have a tendency to "chew" on their lip while it is numb. This can result in significant swelling and discomfort for days.